

**SafeguardED**


## SEND DSL Forum

Meeting each half term, this forum is for any DSL who works with SEND pupils either in specialist or mainstream education provision. It offers an opportunity for DSLs to come together, discuss challenges relating to safeguarding children with SEND, share good practice and solutions and to offer peer support.

Each meeting of the SEND DSL Forum will have a theme, so that colleagues can decide if they wish to attend or not.

And the best bit? It's completely free!

[Book now >](#)




Watch on [YouTube](#)

**Next Forum dates:**

Thursday 7th March

Wednesday 1st May

[Book now >](#)



# SEND Forum

<https://sendforum.lgfl.net>

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## Personal & Intimate Care – what's the big deal?



- ✓ Increase independence and choice
- ✓ Reduce risk
  - Abuse
  - Allegations
  - Injury to staff
  - Injury to children
  - Infection control
  - Moving & handling
- ✓ Dignity, privacy and respect
- ✓ Support to staff



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## Principles for practice



- Follow guidance documents for each student. Ask if unsure.
- Consent **every** time.
- Think about safety - infection control, moving and handling etc.
- Dignity, privacy and respect
- Gentle and compassionate approach
- Learning opportunity and promoting independence
- Communication throughout - in preferred way
- Choice making – who, what, how
- No locked doors when staff in toilets and bathrooms with children
- Seek support from colleagues, managers and therapy teams

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## Links shared in Forum



- So Safe, tools and resources to support people with learning difficulties - <https://sosafeprogram.com/>
- Occupational Therapists may be able to support with care planning for personal/intimate care and may make assessments for equipment to use.
- Equipment to support care:  
<https://livingmadeeasy.org.uk/category/health-and-personal-care/bathing-and-toileting/personal-care-equipment>
- Example of policies:
  - <https://www.stpiers.org.uk/sites/default/files/2022-08/PersonalIntimateCareProcedureMAY2021.pdf>
  - [https://knowsleychildcare.proceduresonline.com/p\\_intimate\\_pers\\_care.html](https://knowsleychildcare.proceduresonline.com/p_intimate_pers_care.html)
  - <https://www.brooksideprimarysch.co.uk/attachments/download.asp?file=169&type=pdf>
  - <https://www.bbuk.org.uk/wp-content/uploads/2019/10/Sample-intimate-care-policy.docx>

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## Training ideas



1. Do staff know the anatomical language to describe body parts, especially regarding intimate areas? Ensure consistent, accurate and professional language is used (include language clarifications such as 'pad' rather than 'nappy' - nappy infantilises older children)
2. Ask staff to identify different care tasks that they perform on themselves each day - which of these are intimate care and which are personal care?
3. Consider you require support with your personal and intimate care - what would be important to you?
4. Create a fictitious personal and intimate care plan for a child and talk through this.
5. Create a safe space for staff to ask any specific questions about how to perform personal/intimate care? Provide the first few questions to help:
  - If you have a female pupil needing help with toileting, which staff should and should not help?
  - What is the best way to change a child's pad?
  - How often should we change a child's pad?
  - When would you alert the DSL when providing intimate care?
  - If a child has an erection during intimate care, what would you do?
  - What are some hygiene considerations during intimate care?
  - How might you be personalised in your delivery of intimate care?

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## Next session



**21<sup>st</sup> November – Self Injurious Behaviour**

**BOOK: <https://lgfl.bookinglive.com/book/add/p/145>**

***(Any suggestions for presenters, always welcome)***

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## Keep in touch



**Social Media:** @lgflsafeguarded  
**Newsletter:** safenewsletter.lgfl.net  
**Main portal:** safeguarding.lgfl.net  
**SEND Forum site:** sendforum.lgfl.net  
**Resources:** saferesources.lgfl.net  
**Training:** safetraining.lgfl.net  
**Email:** safeguarding@lgfl.net  
 (Mark, Mubina and Alex)



AUP in symbols for pupils with SEND (Updated for Sept 2023)



Josh & Sue animation for pupils with learning difficulties on staying safe online



Poster: Neglect and disabled children



STAR SEND Toolkit



Anti-Bullying Alliance SEND guidance page



Know it All for SEND



Supporting children with SEND when talking online



Online Safety Guidance for Adults and Young People with Learning Disabilities



Relationships, the Internet and you booklet for 11-16s with SEND

<https://sendsafe.lgfl.net>