What’s different about AUPs for September 2025? [ Delete this section once you have finished editing ] Key principles remain the same so this AUP has not changed much this year.

We suggest you consider talking about AI (see #5) re ChatGPT and image generators too.

To help prompt some start the year discussions about life online in 2025, particularly after holidays and periods of absence, once you have talked through the AUP why not use the quick pupil audit ‘Safe and happy holidays’ at [happyhols.lgfl.net](https://happyhols.lgfl.net) as it may help get to know your class as well as help any children who need to make disclosures. Be sure to alert your DSL and follow normal safeguarding escalation processes.

# Cover sheet –

# [ Delete this section once you have finished editing ]

* Feel free to edit / remove / add items based on the knowledge of your pupils, or to add your school name and logo, but please do not remove our branding
* Items in yellow need editing/completing/removing before you use the document
* Some words may need explaining, e.g. ‘devices’ or ‘trusted adult’, but were used to make the document as simple as possible. If your pupils know a different word, use that instead
* If some pupils need simpler or more complex language, try the other versions at [safepolicies.lgfl.net](https://safepolicies.lgfl.net), e.g. the symbolised version is great for learners with SEND and any younger pupil, or the more detailed KS2 version
* Note that this document covers sensitive issues, including getting undressed (why? See [undressed.lgfl.net](https://undressed.lgfl.net))
* We would love to hear how you use this AUP / if it’s useful, how we can improve it and what else we can do to support you – get in touch with @LGfLSafeguardED on [Facebook](https://www.facebook.com/lgfldigisafe) or [X - Twitter](https://twitter.com/lgflsafeguarded)
* Remember to talk about what or who a trusted adult is…and remember that can change.
* Why not display this AUP on a classroom wall alongside one of our online safeguarding [posters](https://posters.lgfl.net) at [safeposters.lgfl.net](https://safeposters.lgfl.net)?
* Remember our other resources (filtered by theme or key stage) at [saferesources.lgfl.net](https://saferesources.lgfl.net/), self-service CPD at [safecpd.lgfl.net](https://safecpd.lgfl.net) and live training at [safetraining.lgfl.net](https://safetraining.lgfl.net)
* Teachers may also find LGfL’s SafeSkills Online Safety Quiz and diagnostic teaching tool at [safeskillsinfo.lgfl.net](https://safeskillsinfo.lgfl.net) particularly useful to capture and assess pupil resilience and competence for digital life. It is based on the UKCIS Education for a Connected World framework referenced in KCSIE.

**My name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

[ If pupils don’t know the Digital 5 A Day, introduce it or remove line 1 below [childrenscommissioner.gov.uk/our-work/digital/5-a-day/](https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/)  - delete this comment once done ]

|  |  |
| --- | --- |
| To stay **SAFE online and on my devices**, I follow the Digital 5 A Day and: | **✓** |
| 1. I only **USE** devices or apps, sites or games if I am allowed to. |  |
| 1. I **ASK** for help if I’m stuck or not sure; I **TELL** a trusted adult if I’m upset, worried, scared or confused. |  |
| 1. I look out for my **FRIENDS** and tell someone if they need help. |  |
| 1. If I get a **FUNNY FEELING** in my tummy, I talk to an adult. |  |
| 1. I **KNOW** that online people aren’t always who they say they are and things I read or see are not always **TRUE.** [to mention AI might be too much for KS1 but insert here if you are going to talk about examples] |  |
| 1. Anything I do online can be shared and might stay online **FOREVER.** |  |
| 1. I don’t keep **SECRETS🚫** unless they are a nice surprise. |  |
| 1. I don’t have to do **DARES OR CHALLENGES**❌, even if someone tells me I must. Sometimes these can be dangerous. |  |
| 1. I don’t change **CLOTHES** or get undressed in front of a camera. |  |
| 1. I always check before **SHARING** my personal information or other people’s stories, videos and photos. |  |
| 1. I am **KIND** and polite to everyone. |  |

**My trusted adults are:**

[ The final gap could be at a place of worship, club, childminder, etc. You could delete the blanks and ask them to draw the people instead – delete this comment]

⬅

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at school**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at home**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**